

Things we currently buy in plastic:

Reasons to go plastic free:

Any exceptions during July?

**FAMILY
PLASTIC
FREE
JULY!**

Things to try this month:

Our goal is:

(circle your goal, or add your own!)

To be completely plastic free

**To stop using the 4 main offenders
(straws, bottles, straws, coffee cups)**

Plastic free lunchboxes

Avoid single use plastic packaging

What we'll eat instead: